



Walk & Roll*

6th Grade through 12th Grade
Be active, stay healthy!

Challenged a friend to a step competition	Convinced a friend to go for a walk	Mapped a safe route to my school	Said hello to a person walking	Watched a traffic safety video about walking https://youtu.be/E5BFdJu-pjE
Walked facing traffic on a street without a sidewalk	Saw a dog on a leash	Wore something reflective	Saw a person running	Stopped, looked, and listened before crossing
Saw a stop sign	Walked with a flashlight	 FREE	Took a photo to share with friends	Walked at least three miles in one day
Walked in the rain	Walked on a new route	Walked on a sidewalk	Walked to a park	Walked past my school
Walked three days in a row	Walked on a trail	Walked up a steep hill	Used a crosswalk at a traffic signal	Wore bright colors so drivers could see me



*Roll = wheelchair, scooter, rollerblades and skateboard



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-2851 (voice) or email snikolova@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.