

Walk & Roll*

K through 5th Grade Can you get five in a row?

Ways to go t	o school
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Challenged a friend to a step competition	Convinced a friend to go for a walk	Made sure my shoes were tied	Saw a baby in a stroller	Checked out bellevuewa.
Saw a dog on a leash	Saw a person biking	Saw a person running	Saw a stop sign	Saw a yard sign
Used a crosswalk to cross a street	Used a signal to cross the street	FREE	Walked at least two miles in one day	Walked by a bus stop
Walked by my school	Walked farther than I ever have before	Walked for 30 minutes	Walked in the rain	Walked on a new route
Walked three days is a row	Walked to a park	Walked with a family member	Waved to a neighbor	Wore bright colors on my walk





*Roll = wheelchair, scooter, rollerblades and skateboard

For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-2851 (voice) or email snikolova@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.



Walk & Roll*

6th Grade through 12th Grade Can you get five in a row?

Ways to go to school

Challenged a friend to a step competition	Convinced a friend to go for a walk	Mapped a safe route to my school	Said hello to a person walking	Watched a traffic safety video about walking youtube.com/watch?v=PzghGxEqBMQ
Walked facing traffic on a street without a sidewalk	Saw a dog on a leash	Saw a person biking	Saw a person running	Stopped, looked, and listened before crossing
Saw a stop sign	Saw a yard sign	FREE	Took a photo to share with friends	Walked at least three miles in one day
Walked in the rain	Walked on a new route	Walked on a sidewalk	Walked to a park	Walked past my school
Walked three days is a row	Walked on a trail	Walked up a big hill	Used a crosswalk at a traffic signal	Wore bright colors so drivers could see me





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